

General Discussion Guidelines

Actively engaging with the video's content is central to an effective watch party. Good discussion questions are a major tool. They get people started talking with each other in a way that adds value to their experience of the video. Ask "open-ended" questions. These are questions that don't have "one right answer," and they can't be answered in one or two words like "yes" or "no."

Acknowledge your role at the outset. You likely want to participate in the discussion like everyone else. To reduce the risk of being seen as the "expert," acknowledge your role as a participant, in addition to asking the discussion questions. Beforehand, think about how you'll address information requests or action items that may arise. (For example: Will you ask for volunteers to research and report back?). Otherwise, people may assume that you'll take responsibility.

Plan an intentional sequence of questions to guide the discussion. The following sequence follows the natural path the mind takes with new information. It's a good idea to start with an "objective" question that asks what people saw or heard, without any evaluation. Each level of question (1-4) builds on the preceding one. It's rare to have time for more than a few questions, so be selective about which questions you plan for your group.

1. **Objective Questions** give participants a chance to focus in on the content. These give everyone a chance to quickly participate from the start. One quick objective question is often enough.
2. **Reflective Questions** call up listeners' impressions, reactions, and thoughts.
3. **Interpretive Questions** get people thinking about the meaning the content holds for them. Making connections between the content itself, and their broader world.
4. **Decisional/Action Questions** stimulate participants to commit to doing something differently or something new (big or small).

See [6 Steps to Hosting a Watch Party](#) for sample questions that apply across many topics using this sequence. You can also engage participants through a relevant exercise or skills practice. (Active engagement is key to people's consolidating what they've learned.) Consider a short discussion first.

Shadan Deleveaux - Suggested Discussion Questions

Objective Questions:

- What struck you about Shadan's career journey?
- Shadan gave 4 career tips. Which one(s) caught your attention?

Reflective Questions:

- Shadan referred to the importance of imagining your possibilities. Why do you think this is important?
- What do you see as the function of resilience in developing your career?
- Shadan talked about a setback that turned out to be transformative in his career. What did you take away from that story?

Interpretive Questions:

- Shadan talked about being reflective in order to know your “Why.” What has helped you understand *your* “Why?”
- What questions do you still have about using setbacks in your career?
- What issues or concerns did Shadan’s “tip” [one of the following] raise for you?
 - Knowing your “Why”
 - Learning & growth mindset
 - Being resilient
 - Being resourceful (Recognizing and using your particular resources)
- How can Shadan’s tips be useful to you in your UC Berkeley career?

Action Questions

- What idea from Shadan’s keynote address could you apply to your own career development?
- How might you try out one of Shadan’s suggestions?

NOW Conference 2019 Recorded Session Timeline		Session Title:	Morning Keynote - Shadan Deleveaux	
Start Time (H:Min:Sec)	Duration (Min:Sec)	Segment Theme or Main Point	Facilitation Suggestions	
0:00:00	02:15	Jo Mackness Introduction of Chancellor Carol Christ	This recorded session is concise, and lends itself well to viewing all the way through, followed by discussion.	
0:02:15	04:23	Carol Christ's Opening Remarks: appreciation for staff and importance of career development. Cited Deloitte research regarding trends in workplaces now.		
0:06:38	00:56	Introduction of keynote speaker Shadan Deleveaux by Angela Stopper, Dir. of Learning & Development		
0:07:34	05:17	Shadan's varied career recap across packaged goods, cosmetics, etc. Roles in sales & marketing, business development, recruitment. Vantage point for offering perspective.		
0:12:51	02:09	1. Be reflective: Your "Why" or "true north." Everyone's Why is their own. Examples of how this matters.		
0:15:00	04:45	2. Mindset of learning & growth.: Make sure your mindset is working for you. Imagining possibilities is an important step.		
0:19:45	02:45	3. Be resilient. "If you don't need resilience, then you're doing your imagination a disservice." Confidence in ability to learn is key....learning always involves failing and trying again.		
0:22:30	06:10	The value of setbacks via a personal story. "You never know how those setbacks will propel you into your future."		
0:28:40	02:16	4. Be resourceful. Mindset shift to "What can I do to make this happen?" Focus on the particular resources you DO have, instead of what you don't. Remember "McGyver"		
0:30:56	02:20	Recap: 1. Be reflective - take time to understand your "Why." 2. Open your mind to the limitless possibilities of your potential. 3. Be resilient - much-needed in careers. 4. Be resourceful, or When worse comes to worse, "McGyver it."		
0:33:16	01:44	Audience question 1. What is the best part of your career?		
0:35:00	01:20	Audience question 2. How do busy people carve out time for reflection?		
0:36:20	01:47	Audience question 3. What is your "Why?" Shadan's personal narrative of "Why."		
0:38:07		End		
Total	0:38:07			