

Time	Event
7:30 - 8:30 AM	Check-in + breakfast
8:30 – 9:00 AM	Welcome Remarks (West Hall) UC Berkeley Chief Learning Officer, Angela Stopper UC Berkeley Chancellor, Rich Lyons (recorded message)
9:00 – 9:40 AM	Morning Keynote: Dr. Britt Andreatta (West Hall) Wired to Become: The Science of Purpose and Meaningful Work
9:40 – 9:50 AM	Logistics and announcements
9:50 – 10:15 AM	Break and move to session rooms
10:15 – 11:25 AM	<div>Concurrent Sessions Round 1</div> <div> Finding Your “Why”: Navigating Jobs, Careers, and Life’s Purpose (West Hall) </div> <div> Hover to Fly - Navigate Turbulent Times (East 1 Room) </div> <div> Managing Up: Cultivate a Mutually Beneficial Partnership with Your Boss (East 2 Room) </div> <div> How to Avoid Burnout During Constant Change (Junior Ballroom) </div> <div> Redefining The Path to Growth (Grand Ballroom A) </div> <div> Unlocking Your Job Search Potential with Generative AI (Grand Ballroom E) </div>

11:25 – 1:00 PM	<p>Lunch and Community Building</p> <ul style="list-style-type: none"> Community Building with Staff Orgs (West Hall) noon - 12:45 pm <p>Grab your lunch and connect with members of staff organizations to learn about the exciting programs, events, and resources available, and the many ways to engage. Whether you're looking to grow professionally or enjoy a friendly conversation, this is a great chance to discover new opportunities, explore shared interests, and innovate in community with your peers.</p> <p>Participating Staff Organizations include:</p> <ul style="list-style-type: none"> Administrative Management Professionals (AMP) Alianza – Chicanx/Latinx Staff Organization Asian Pacific American Systemwide Alliance (APASA) Berkeley Facilitators Network (BFN) Black Staff & Faculty Organization (BSFO) Berkeley Research Administrators Group (BRAG) Berkeley Staff Assembly (BSA) Cal Women's Network (CWN) Chancellor's Staff Advisory Committee (CSAC) Staff Alliance for Disability Access (SADA) <ul style="list-style-type: none"> Quiet Space (Jr. Ballroom) - drop in between 11:30 am - 12:30 pm <p>Looking for a moment of calm? The Jr. Ballroom will be a quiet space for silent reflection, mindfulness, or simply a peaceful break. Please silence phones and refrain from conversation.</p>
1:00 – 2:10 PM	<div>Concurrent Sessions Round 2</div> <div> Finding Your Authentic Voice: From Self-Doubt to Speaking Up (West Hall) </div> <div> Mindfulness and Well-being at Work: How to Lead from Within & Create a Thriving Workplace Culture (East 1 Room) </div> <div> A Modern Day Treasure Hunt: Detecting Gold (East 2 Room) </div> <div> Innovate @ Work: A Creative Toolkit (Junior Ballroom) </div> <div> Guiding Growth: Strategies for Effective Student Employee Mentorship (Grand Ballroom A) </div> <div> Transforming Workplace Conversations using Non-Violent Communication (NVC) (Grand Ballroom E) </div>

2:10 – 2:30 PM	Break and move to next sessions
2:30 – 3:40 PM	<div>Concurrent Sessions Round 3</div> <div> Connect with Confidence: Own Your Agency in Networking and Interviewing (West Hall) </div> <div> Resiliently Efficient - Positioning Teams to Thrive Amidst Chaos (East 1 Room) </div> <div> Live Your Best Worklife: Job Enrichment Hacks for Enhanced Satisfaction and Engagement (East 2 Room) </div> <div> Thrive Beyond Burnout: Reclaiming Balance, Purpose, and Psychological Safety in Your Career (Junior Ballroom) </div> <div> Personal Branding: Stepping Up and Standing Out (Grand Ballroom A) </div> <div> Connect, then Lead (Grand Ballroom E) </div>
3:40 – 4:00 PM	Break and move to Afternoon Keynote
4:00 – 4:35 PM	Afternoon Keynote: Jacqueline Wales (West Hall) Fear as Fuel: Powering Your Hidden Potential
4:35 – 4:45 PM	Closing Remarks (West Hall) UC Berkeley Chief People & Culture Officer and Associate Vice Chancellor Eugene Whitlock , J.D.
4:45 - 5:30 PM	Optional No-Host Happy Hour, Community Building We invite you to continue building community with fellow attendees by gathering for food, drinks, and conversation at local spots near the Oakland Marriott. Several nearby eateries and bars are offering special discounts exclusively for NOW Conference participants. Check out the full list of participating locations (link is external)