

It Starts with You!

Building Relationships at Berkeley

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Welcome and Roll Call



In the chat, please share:

- your name
- years of service at Berkeley
- the first place you want to travel to after Shelter-in-Place



Roadmap

- Getting Started
- Creating Connections
- Creativity and Courage
- Building a culture of recognition and appreciation
- Benefits



Objectives

1. Amplify your personal and professional networks
1. Celebrate your accomplishments
1. Lift others up



Getting Started



- It starts with YOU
- Recognizing challenges and opportunities
- Getting out of your comfort zone

Creating Connections

- **Know your network**

- Strengths
- Growth opportunities



- **How do you get from now to there?**

- LinkedIn
- Intentionality
- Active listening



Creativity and Courage



Champion your contributions

How do you talk about yourself?

How do you talk about your work?

Building a culture of recognition and appreciation

- **Make Berkeley feel smaller**
 - Get involved and reach out
- **Micro-affirmations**
 - Ask others for their opinions
 - Take genuine interest in others
- **Lift each other up with appreciation**
 - Smiles and thank yous



The Benefits

- Greater connections and expanded networks
- Increased collaboration in the workplace
- Sense of community and belonging



Key Takeaways

- Empower yourself to start from where you are today; *culture change starts with YOU*
- Amplifying your accomplishments
- Practice lifting up others and celebrate yourself



Thank You

**We look forward to hearing from you.
Please stay in touch!**

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