# In Pursuit of Synergy: Enhancing Team Psychological Safety Virtual Lab Demo

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# Distributed Leadership

"...conjoint action of many people in either formal or ad hoc arrangements... providing the opportunity to engage a diversity of expertise distributed across the many, not the few."





# Shared Leadership

"A dynamic interactive influence process among individuals in groups for which the objective is to lead one another to the achievement of group or organizational goals or both....leadership is broadly distributed among a set of individuals instead of centralized in the hands of a single individual who acts in the role of a superior."





#### Benefit to Organization

"It doesn't make sense to hire smart people and then tell them what to do, we hire smart people so they can tell us what to do."





#### Benefit to Individual



Agency

**Use Existing Abilities** 

**Develop New Capabilities** 

Growth





#### Benefit to Team

Ownership Engagement Synergy





#### EMBA Case Challenge Team

**INSERT PHOTO HERE** 





## Teams





#### Today's Teams are Diverse



Improved
Organizational
Performance



Attract Top Talent



Increased Employee Satisfaction



**Customer Impact** 



Enhanced Decision
Making &
Innovation





## Types of Team Diversity

Type	Definition	Example
Separation	Different values along a horizontal continuum	opinions, time zone, physical location
Variety	Categorical differences	educational degrees, job function, area of expertise, demographic features
Disparity	Differences fall along a vertical continuum ranked vertically according to social value	professional status (resident physician vs attending physician), demographic attributes associated with social power





#### The Challenge

Assemble Diverse Teams

Limited skill building working across differences

Unconscious bias training helps

Diversity training doesn't account for other types of team diversity





## The Solution: Psychological Safety

Psychological Safety

A team climate

Belief one is not at risk of embarrassment or rejection

Environment conducive to interpersonal risk taking

Asking for help, feedback, or information is not penalized

Given the benefit of doubt

People can be themselves

Focus away from self-protection towards share goals

Facilitated by trust



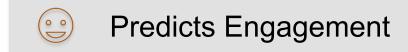


## The Solution: Psychological Safety









Leverages Diversity





#### The Big Question

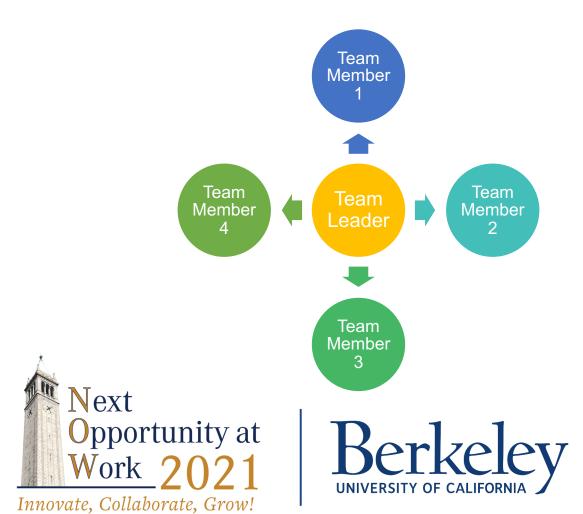
How exactly does one create psychologically safety in their group or team?

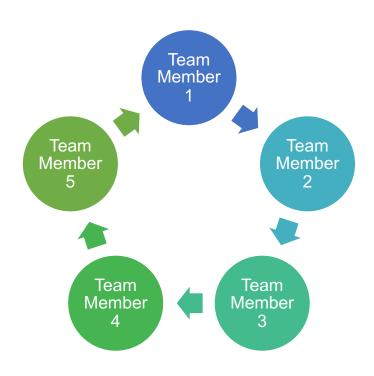
**INSERT VIDEO HERE** 





#### Team Climate: Top-Down versus Shared

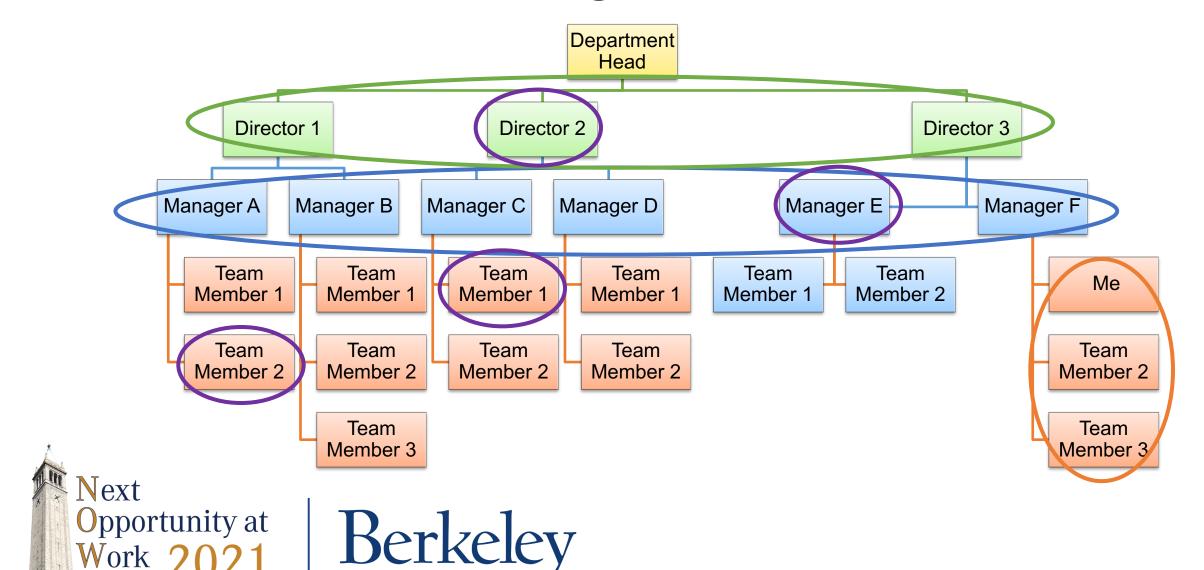




## Teams Across the Organization

UNIVERSITY OF CALIFORNIA

Innovate, Collaborate, Grow!



# Teams Across the Organization

Training individuals in the skills and abilities to facilitate psychological safety on any team they are a part of is an excellent sustainable solution!





#### Enhancing Team Psychological Safety-Virtual Lab Demo













Learn skill from week 6

Use & Application

Model

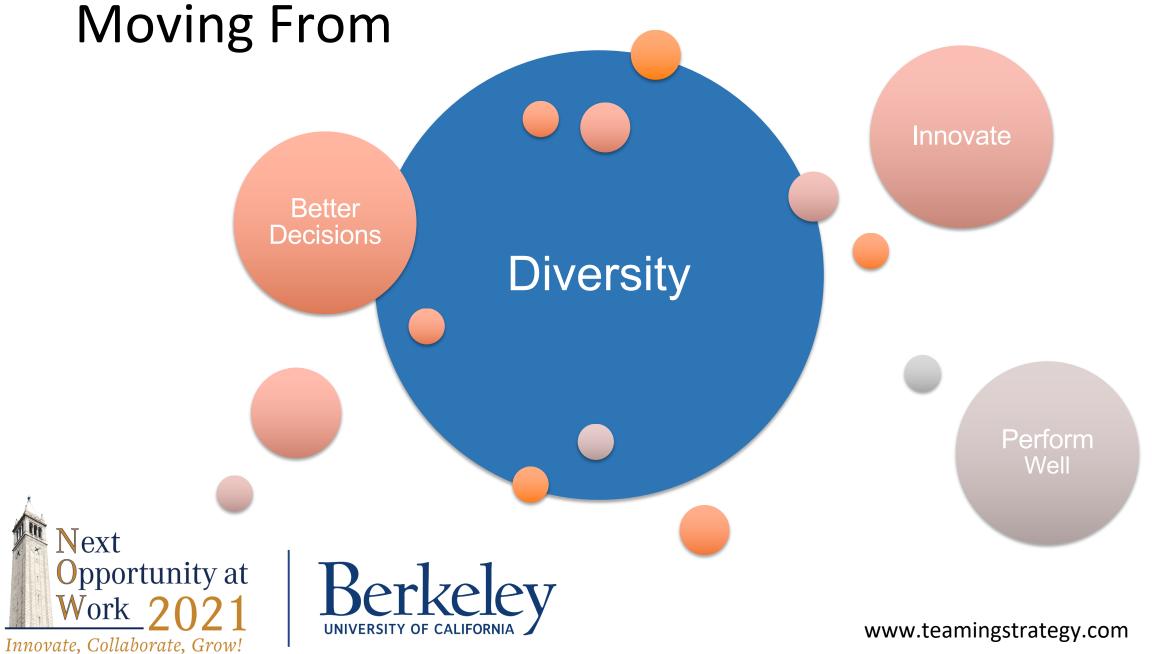
**Practice** 

Discuss & Next Steps

Q & A







#### A Synergistic Team

#### **INSERT PHOTO HERE**





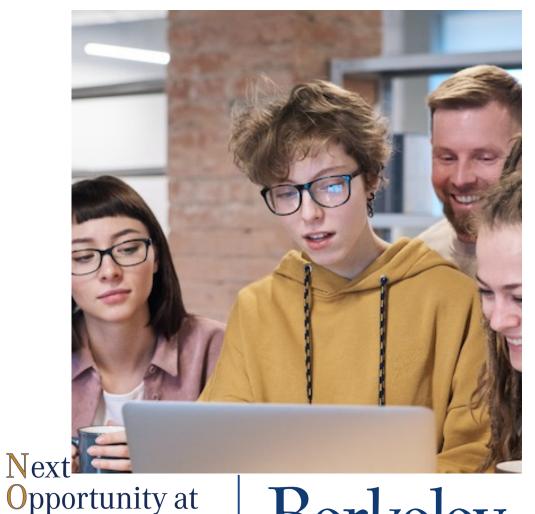


## Demo





#### Purpose





Speak Up



**Share Alternate Perspective** 



Opt-Out of groupthink



**Limit Invalidating Behaviors** 

#### Naïve realism

The tendency for people to believe that their perspective of the world is correct and factual, based on objective reality, and that other's see the world exactly as they do....if someone has a different perception, the assumption is that they are not rational, or that they are biased or uniformed.





## Takeaway



#### Subjective

Human perception is subjective

#### Belief is not Fact

 Believing an opinion is fact does not make it so

#### No Judgement

Experiences are valid in some way





## Skill: Speaking from Experience

Use

Contribute

Challenge

Alternate Viewpoint



Example

"I'm Curious Kim...."

"In my experience..."



Benefit

Authority

Both experiences valid





## Modeling

The Dirty
Office
Microwave

Opinions spoken as Facts

Assumptions

What I Would Say

Tips to Remember





#### Practice

01

Watch Video Clip.

02

Identify
Unsafe
Behavior.

03

Role Play My Experience Approach. 04

Return to Group to Discuss





#### **Practice**

#### Your Turn



#### Watch Video Clip

Yankee Swap

#### **Observations**

- What unhelpful behaviors did you observe?
- Using My Experience Approach, what would you say and to whom? (record answers)

#### Role Play

In breakout room, verbally say what you would say.





# Discussion





# Next Steps





#### **Enroll in Virtual Lab**







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# Q&A



