

Lisa Rykert, BCC, Life and Career Coach

**Kula Coaching** 

#### What makes a powerful ask?



Winning Mindset

Strategic Planning

#### What makes a powerful ask?



Winning Mindset

Strategic Planning











Never asked for a raise

44%

 Got what they wanted when they asked

31%

Got some of what they asked for

Source: http://time.com/money/4161029/how-to-get-raise/





Fear
Demand
Anger
Lack
Entitlement



Confidence
Request
Goodwill
Value Offer
Shared Vision
Win-Win





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Confidence
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Winning Mindset





Prepare

Power Pose

Assess

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#### What makes a powerful ask?

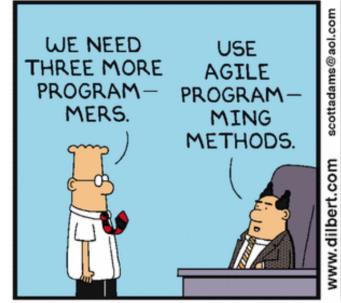


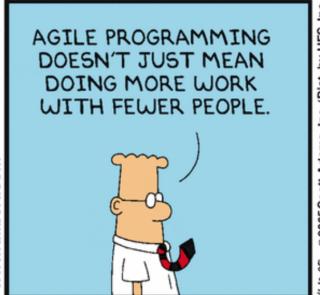
Winning Mindset

Strategic Planning

### Strategic Planning









#### Strategic Planning

- ► Identify what you want
- ► Identify what they want
- ► Prepare your business case
- ▶ Prepare concessions
- ► Know your Best Alternative to a Negotiated Agreement (BATNA)
- ► Apply your winning mindset strategies



### Strategic Planning

#### Best Alternative to a Negotiated Agreement (BATNA)

#### Without a BATNA



The negotiator is at the mercy of the best offer she recieves.

#### With a BATNA



The negotiator knows she can push for more because she is not dependent on the negotiation being successful.



#### What makes a powerful ask?



Winning Mindset

Strategic Planning

#### **Effective Communication**





*Inspiring* 

5ustainable

GeniusQuotes.net

- ► Make your **Ask!** <u>Request</u> rather than demand
- ► Listen to understand
- ► Stay in the conversation
- ► Explore options
- ▶ Offer win-win solutions
- ► End with agreements
- ► Follow up



#### **Effective Communication**



Words have energy and power with the ability to help, to heal, to hinder, to hurt, to harm, to humiliate and to humble. - Yehuda Berg

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#### **Effective Communication**

#### Verbal

- > Small talk
- > Gratitude
- Business case
- Compromise
- Clarify/Confirm
- > Affirm
- > Follow up

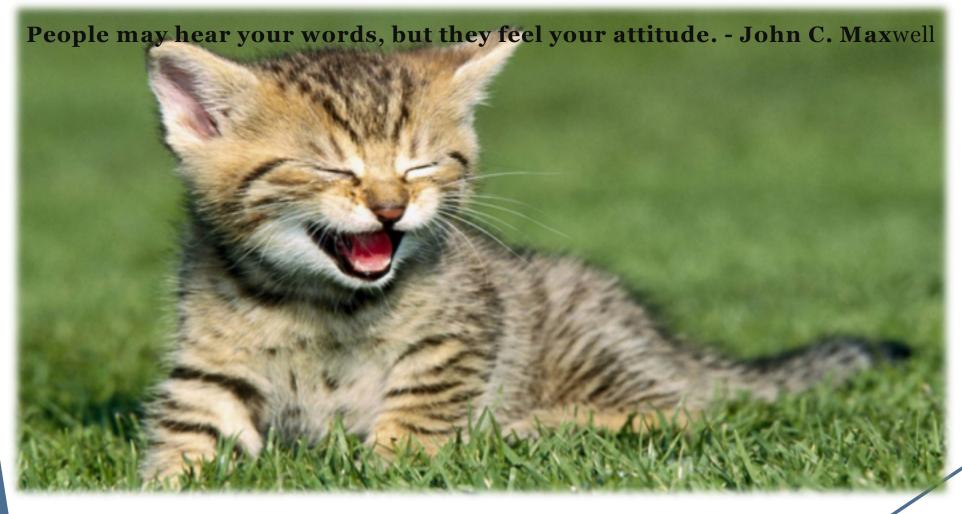
7% of communication is through words

38% of communication is through tone of voice









#### **Effective Communication**

### Non-Verbal

- > Attitude
- Composure
- Listening
- Body language
- > Eye contact
- > Smile
- > Handshake

55% of communication is through body language



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#### What makes a powerful ask?

## Winning Mindset

Strategic Planning

**Effective Communication** 



Put it into practice!

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#### What makes a powerful ask?



The key to a successful negotiation is to ASK!







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Thank you!