Networking for Career Success (BECAR357)  
Thurs 8/20, 12 – 1:30 pm  
Up to 85% of job searchers have reported networking as one of the most important elements to landing a job. Many people dread the concept of networking for their job search for fear of asking for something or appearing needy. If you can relate, then join us for this workshop where we will help you reframe the concept of networking and offer strategies to help you feel more confident and empowered to connect.

LinkedIn Basics (BECAR354)  
Wed 8/26, 12 – 1 pm  
LinkedIn is a great tool for establishing an online presence, conducting career research, and facilitating connection with other professionals. This workshop addresses the basics. We encourage you to login in to LinkedIn during this workshop to view your profile to assess and apply what you learn.

The Skills You Bring (BECAR153)  
Wed 9/23, 12 – 2 pm  
The skills you enjoy and feel confident about contribute to strong performance and high satisfaction. Explore your transferable skills – the ones that support your career mobility and adaptability.

LinkedIn II: Maximize Your Online Professional Presence (BECAR356)  
Wed 9/30, 12 – 1 pm  
Make sure your LinkedIn profile is serving you by understanding what your readers look for. This hands-on workshop is a chance to incorporate tips from a UC Berkeley recruiter. We encourage you to login in to LinkedIn during this workshop to view your profile to assess and apply what you learn.

NEW! You are a Berkeley Changemaker™! (BECAR401)  
Wed 10/28, 1 - 2 pm  
Regardless of role or title, we can all lead from where we are. When we recognize opportunities for impact and agency, we have greater power to be intentional, to affect our culture and the world around us. This is the concept of the Berkeley Changemaker. Values like impact beyond oneself and questioning the status quo have drawn people to Berkeley for generations — this narrative doubles down on those values and is part of a suite of new courses being taught to UC Berkeley students. Our faculty are expanding these offerings through a customized workshop for staff. In this 60-minute workshop you will discover what it means to be a Berkeley Changemaker, learn how to build the changemaking skill of resilience, and leave inspired by stories from UC Berkeley faculty and staff. Note: This session will be recorded and shared for broader viewing access.
Achieve Together Preparing Yourself for the Process (BECAR AT105)  
Mon 11/2, 12:30 – 4:30 pm  
This offering for non-represented employees will provide an overview of the Achieve Together performance program. This interactive workshop will also include planning and practice activities such as creating and communicating goals, engaging in productive check-in conversations, and optimizing your coachability, to prepare you to fully engage in your own performance development process with your manager.

Design Thinking: Tools to Build Your Career (BECAR251)  
Thurs 11/5, 12:30 - 2 pm  
Feeling stuck? Unsure about your next career step? Curious about how to get started in a new field or role? This workshop employs design thinking to explore how you can create a sustainable life and work where you thrive. Learn tools to help you navigate your career path, get unstuck, and try out easy changes to increase your wellbeing and satisfaction at work.

Work Style and Your Career - MBTI (BECAR151)  
Fri 11/13, 11:30 am – 1 pm  
It’s no surprise that people like to approach tasks differently. Understanding your preferences and those associated with various work roles can help you make informed effective choices. This workshop uses the Myers-Briggs Type Indicator (MBTI). PRE-WORK REQUIRED. Instructions for taking the MBTI (at least 3 days in advance) will be sent in your registration confirmation.

Informational Interviewing (BECAR351)  
Wed 12/9, 2 – 3:30 pm  
Thinking about an interesting career move? Have questions about the field or how to get there? Expand your career strategy toolkit by learning how to conduct effective informational interviews.

Interests in Life and Work (BECAR150)  
Thurs 12/17, 12:30 - 2 pm  
The term “interests” has very specific meaning in career development. Clarify how your interests influence the work you enjoy through the Strong Interest Inventory. Explore how interests relate to job families and opportunities on campus. PRE-WORK REQUIRED. Instructions for taking the Strong Interest Inventory (at least 3 days in advance) will be sent in your registration confirmation.
Introducing a New Series Offering! The NOW Encore Series
We have expanded the NOW 2020 virtual Conference to include a NOW Encore series of timely topics presented by campus staff with unique experience and expertise. This series of virtual workshops will be offered throughout the fall. These live, virtual offerings will be smaller in size than the workshops offered during the full day NOW conference and are structured to invite deeper engagement. Note: Each NOW Encore series workshop will be recorded and posted on the NOW Conference webpage for broader viewing access.

NOW Encore Series: Leveraging Agile Mindset for Career Planning (BECAR NE101)
An agile mindset is a set of attitudes that cultivate a high-performing work environment. These attitudes include respect, collaboration, continuous improvement, pride in ownership, focus on delivering value, and the ability to adapt to change. Learn an updated approach to career development using an agile mindset that can help you to create effective and agile career plans.

NOW Encore Series: Intentional and Creative Envisioning for Conscious Leadership (BECAR NE102)
Explore creative envisioning and mindfulness practices as tools to produce positive changes in your life. You will learn how self-exploration and awareness creates the potential for deep and meaningful growth as an individual. These practices can also be conduits for conscious leadership and can connect efforts to impact our communities as a collective. The format for this session is interactive and experiential with several practices to envision your future self and thrive in your personal life and in your career.

NOW Encore Series: Effective Job Interviewing (BECAR NE103)
You’ve submitted an amazing job application that resulted in a call to interview for your dream job. Next, you must meet the interview team and demonstrate that you are the most qualified candidate for the job. We will explore the critical areas that you must know to “stand out on top” in the interview: (1) interview types and formats, (2) preparing for and conducting the interview, (3) post interview, (4) interview do’s and don’ts, (5) offer and salary negotiation.
The NOW Encore Series - continued
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NOW Encore Series: Empowering Women of Color through Safe Spaces and Healing Circles (BECAR NE104) Thurs 10/29, 1:30 – 3 pm
Since time immemorial communities of color, especially Native communities, have gathered in circles where they share their experiences, listen attentively and respectfully to others and when they are not in agreement with what is being said they patiently wait for their time to speak then communicate their disagreement in the most respectful way possible. Contrary to what has happened in the Western world, Native communities have been led and are being led in many cases by women who have been very skillful in creating bridges of solidarity among communities. At the end of the session attendees will be able to understand: 1) why safe spaces for women of color are needed, 2) how circles for women of color work 3) how to start your own circle for women of color.

NOW Encore Series: Management is Mentorship (BECAR NE105) Thurs 11/19, 3 – 4:30 pm
Applicants to the University of California, Berkeley "are strongly encouraged to consider whether your values align with our Guiding Values and Principles, our Principles of Community, and our Strategic Plan." (Source: jobs.berkeley.edu.) As staff, we may ask ourselves, “How do we live up to these values and principles?” The answer is simple—management is mentorship. In this workshop, through case studies of actual practices in the Afterschool University Program of University Village Recreation, you will learn how to make your own mentorship toolkit to transform yourself from manager to mentor and your team from employees to mentees. We welcome teams from organizations to join this session so they can use the workshop as a space for kick-starting their organization growth in real-time.

NOW Encore Series: Reimagining the American Dream (BECAR NE106) Fri 12/4, 11:30 am – 1 pm
During this workshop, we will explore American symbolism, patriotic songs, and texts through interactive activities to help you consider how you feel you do/don't fit into the American Dream. We will then apply strategies of creative thinking, critical thinking, and futuristic/strategic thinking to support you to define and work toward creating your own American dream.