

STAFF CAREER DEVELOPMENT WORKSHOPS - FALL 2020

These workshops help UC Berkeley staff develop clarity and action plans to connect their interests and abilities with career opportunities.

Registration options:
click on the workshop titles below, or
click on the workshop title links at hr.berkeley.edu/careerworkshops, or
log into the [UC Learning Center](#) and search by using the code (BECAR###).



Questions? Contact Lisa Rykert at lrykert@berkeley.edu | People & Organization Development | People & Culture

Networking for Career Success (BECAR357)

Thurs 8/20, 12 – 1:30 pm

Up to 85% of job searchers have reported networking as one of the most important elements to landing a job. Many people dread the concept of networking for their job search for fear of asking for something or appearing needy. If you can relate, then join us for this workshop where we will help you reframe the concept of networking and offer strategies to help you feel more confident and empowered to connect.

LinkedIn Basics (BECAR354)

Wed 8/26, 12 – 1 pm

LinkedIn is a great tool for establishing an online presence, conducting career research, and facilitating connection with other professionals. This workshop addresses the basics. We encourage you to login in to LinkedIn during this workshop to view your profile to assess and apply what you learn.

The Skills You Bring (BECAR153)

Wed 9/23, 12 – 2 pm

The skills you enjoy and feel confident about contribute to strong performance and high satisfaction. Explore your transferable skills – the ones that support your career mobility and adaptability.

LinkedIn II: Maximize Your Online Professional Presence (BECAR356)

Wed 9/30, 12 – 1 pm

Make sure your LinkedIn profile is serving you by understanding what your readers look for. This hands-on workshop is a chance to incorporate tips from a UC Berkeley recruiter. We encourage you to login in to LinkedIn during this workshop to view your profile to assess and apply what you learn.

NEW! You are a Berkeley Changemaker™! (BECAR401)

Wed 10/28, 1 - 2 pm

Regardless of role or title, we can all lead from where we are. When we recognize opportunities for impact and agency, we have greater power to be intentional, to affect our culture and the world around us. This is the concept of the Berkeley Changemaker. Values like impact beyond oneself and questioning the status quo have drawn people to Berkeley for generations — this narrative doubles down on those values and is part of a suite of new courses being taught to UC Berkeley students. Our faculty are expanding these offerings through a customized workshop for staff. In this 60-minute workshop you will discover what it means to be a Berkeley Changemaker, learn how to build the changemaking skill of resilience, and leave inspired by stories from UC Berkeley faculty and staff. Note: This session will be recorded and shared for broader viewing access.

Achieve Together Preparing Yourself for the Process (BECAR AT105)

Mon 11/2, 12:30 – 4:30 pm

This offering for non-represented employees will provide an overview of the Achieve Together performance program. This interactive workshop will also include planning and practice activities such as creating and communicating goals, engaging in productive check-in conversations, and optimizing your coachability, to prepare you to fully engage in your own performance development process with your manager.

Design Thinking: Tools to Build Your Career (BECAR251)

Thurs 11/5, 12:30 - 2 pm

Feeling stuck? Unsure about your next career step? Curious about how to get started in a new field or role? This workshop employs design thinking to explore how you can create a sustainable life and work where you thrive. Learn tools to help you navigate your career path, get unstuck, and try out easy changes to increase your wellbeing and satisfaction at work.

Work Style and Your Career - MBTI (BECAR151)

Fri 11/13, 11:30 am – 1 pm

It's no surprise that people like to approach tasks differently. Understanding your preferences and those associated with various work roles can help you make informed effective choices. This workshop uses the Myers-Briggs Type Indicator (MBTI). PRE-WORK REQUIRED. Instructions for taking the MBTI (at least 3 days in advance) will be sent in your registration confirmation.

Informational Interviewing (BECAR351)

Wed 12/9, 2 – 3:30 pm

Thinking about an interesting career move? Have questions about the field or how to get there? Expand your career strategy toolkit by learning how to conduct effective informational interviews.

Interests in Life and Work (BECAR150)

Thurs 12/17, 12:30 - 2 pm

The term "interests" has very specific meaning in career development. Clarify how your interests influence the work you enjoy through the Strong Interest Inventory. Explore how interests relate to job families and opportunities on campus. PRE-WORK REQUIRED. Instructions for taking the Strong Interest Inventory (at least 3 days in advance) will be sent in your registration confirmation.

