



Stewarding Your Professional Growth with Inspiration and Intentionality

Empowerment Plan Handout

Recognize Your Knowledge

1. List three skills that you have that could be of benefit to others. Or, think of a time when you helped someone with a task or project at work. What skills did you use?
2. Which peers, staff, or others could benefit from you passing the above knowledge along to them?

Be the Leader You Want to Follow

1. Who are the leaders or colleagues that you admire on campus, and why?
2. What qualities, skills and characteristics do those individuals exhibit? To what extent are you also known for these qualities? (1 - not at all, 3 - half the time, 5 - all the time)
3. What can you start doing, stop doing, or change so that you are recognized for the qualities and characteristics listed above?

Take Action and Grow

1. List one or two people who could be your accountability partner.
2. List one or two people you could begin either a formal or informal mentoring relationship with, as a mentor or a mentee.
3. Choose one person a week from the above lists and outline how you will build a relationship with them. Who is the first person you will start with, when and what will you do? (e.g. meeting frequency and goals)