Career Development Model

Career development is a self-initiated process with support and resources provided by managers and the organization.

At UC Berkeley, we use a 5-part model of career development to help you organize your career development planning activities. We encourage you to explore all the information, resources, and tools provided in each area of our model.

### Resource | What you will find
--- | ---
Career Counseling Library [https://uhs.berkeley.edu/career-library](https://uhs.berkeley.edu/career-library) | Occupational information and research
BLU [blu.berkeley.edu](http://blu.berkeley.edu) | UC Learning Center and job opportunities on campus
Career Compass [careercompass.berkeley.edu/](https://careercompass.berkeley.edu/) | Job standards, performance management, and career development
Technology & Systems Training [http://hr.berkeley.edu/tech](http://hr.berkeley.edu/tech) | Free technology training for staff and departmental units on M.S. Office applications, Google Apps, UC Learning Center, project management utilities and collaboration and cloud services promoted at UC Berkeley.
Staff Ombuds Office [staffombuds.berkeley.edu/](http://staffombuds.berkeley.edu/) | Classes and workshops to help manage and resolve conflict in the workplace
Online Career Development Guide [hr.berkeley.edu/development/career-development](http://hr.berkeley.edu/development/career-development) | Detailed information to assist in career development

### Resource | What you will find
--- | ---
Be Well at Work [uhs.berkeley.edu/bewellatwork](https://uhs.berkeley.edu/bewellatwork) | Employee assistance, disability management, elder care, wellness, ergonomics, and work/life resources
Staff Organizations at UC Berkeley [stafforg.berkeley.edu](http://stafforg.berkeley.edu) | Support network, campus involvement and professional development opportunities
Ask the Headhunter [asktheheadhunter.com](http://asktheheadhunter.com) | Job hunting tools and resources
California Careerzone [cacareerzone.org](http://cacareerzone.org) | Career planning and exploration
Wisdom Cafe [wisdomcafe.berkeley.edu](http://wisdomcafe.berkeley.edu) | Online learning community for Berkeley staff to learn from and share with each other on topics including career development
Lynda.com | Video-based on-line courses on thousands of professional and technical topics
NOW Conference website [diversity.berkeley.edu/programs-services/staff/sdi-events/now](http://diversity.berkeley.edu/programs-services/staff/sdi-events/now) | Video recorded content from career conferences for staff.

### Core Competencies:

Core Competencies are identified as knowledge, skills, and abilities that describe employee traits which directly and positively impact the success of employees and organizations. Competencies can be objectively measured, enhanced, and improved through coaching and learning opportunities.

At UC Berkeley, the following competencies have been created for professional staff:

- Inclusiveness
- Problem Solving
- Communication
- Teamwork
- Quality Improvement
- Stewardship
- Decision Making
- Leadership
- Service Focus
- Strategic Planning and Organizing